



# Sport Fit Bowie

301-262-4553 / 410-741-1355

Register online at: [MySportFit.com](http://MySportFit.com)



## 2018 Weekend Session for Sept. 5th – Oct. 16th

Registration fees are based on the membership status of the participant

**6 Week Class Fees: Member \$ 70 Non-Mbr \$98 1 hour Non-Comp. classes Mbr \$125 Non-Mbr \$138**

Classes	MONDAY 6 weeks Sept. 10th-Oct. 15th	TUESDAY 6 weeks Sept. 11th-Oct. 16th	WEDNESDAY 6 weeks Sept. 5th-Oct. 10th	THURSDAY 6 weeks Sept. 6th-Oct. 11th	FRIDAY 6 weeks Sept. 7th-Oct. 12th	SATURDAY 6 weeks Sept. 8th-Oct. 13th	Sunday 6 weeks Sept. 9th-Oct. 14th
<b>Tots 1</b> (8-35 mths.)		5:05-5:35 Julia	10:50-11:10am Julia	5:05-5:35 Julia		9:35-10:05 Julia	11:50-12:20 Tammy
<b>Tots 2</b> (24-35 mths.)		4:30-5:00 Julia	10:15-10:45am Julia	4:30-5:00 Julia		10:10-10:40 Julia	12:25-12:55 Tammy
<b>Primary 1</b> (3-5 years)		4:30-5:00 O'Shah 5:05-5:35 Tammy 5:40-6:10 Tammy	5:40-6:10 Julia 6:50-7:20 O'Shah	3:55-4:25 Julia 5:05-5:35 Mary 5:40-6:10 Mary	5:05-5:35 O'Shah	9:35-10:05 Tammy 10:45-11:15 Julia 11:20-11:50 Addie 11:55-12:25 Tammy	11:50-12:20 tba
<b>Primary 2</b> (3-5 years)	5:05-5:35 Addie 5:40-6:10 O'Shah 6:15-6:45 tba	5:40-6:10 Julia 6:15-6:45 Tammy	9:40-10:10am Julia 11:15-11:45am Julia 5:05-5:35 Julia 6:15-6:45 O'Shah	5:40-6:10 Julia 6:15-6:45 Tammy 6:50-7:20 Mary	4:30-5:00 O'Shah 5:40-6:10 O'Shah	10:10-10:40 Addie 10:45-11:15 Tammy 11:55-12:25 Julia 12:30-1:00 Julia	12:25-12:55 tba
<b>Primary 3</b> (3-5 years)	4:30-5:00 O'Shah 6:15-6:45 Addie	3:55-4:25 Julia 6:15-6:45 Julia 6:50-7:20 Tammy	4:30-5:00 Julia 5:05-5:35 O'Shah	4:30-5:00 Tammy 6:15-6:45 Julia		9:00-9:30 Julia 11:20-11:50 Julia 11:55-12:25 Addie	10:40-11:10 tba 1:35-2:05 Tammy
<b>Youth 1</b> (6-12 Years)	4:30-5:00 Addie 5:05-5:35 O'Shah 6:50-7:20 Addie	5:05-5:35 O'Shah 6:15-6:45 O'Shah 7:25-7:55 Tammy	4:30-5:00 Frank 5:40-6:10 O'Shah	6:15-6:45 Mary 6:50-7:20 Tammy	4:30-5:00 tba 6:50-7:20 O'Shah	9:35-10:05 Addie 10:10-10:40 Tammy 10:45-11:15 Addie 12:30-1:00 Tammy	10:40-11:10 Tammy 11:15-11:45 tba
<b>Youth 2</b> (6-12 Years)	5:40-6:10 Addie 6:15-6:45 O'Shah 6:50-7:20 tba	4:30-5:00 Tammy 5:40-6:10 O'Shah 6:50-7:20 Julia	6:15-6:45 Julia 6:50-7:20 Frank 7:25-7:55 O'Shah	4:30-5:00 Mary 5:40-6:10 Tammy	6:15-6:45 O'Shah	10:45-11:15 Frank 11:20-11:50 Tammy 12:30-1:00 Addie	11:15-11:45 Tammy 1:00-1:30 tba
<b>Youth 3</b> (6-12 Years) Deep Water	5:40-6:10 tba	4:30-5:00 Mike 6:50-7:20 O'Shah	4:30-5:00 O'Shah	5:05-5:35 Tammy 7:25-7:55 Julia	6:15-6:45 tba	10:10-10:40 Frank	1:00-1:30 Tammy 1:35-2:05 tba
<b>Stroke &amp; Endurance</b> (Youth)	5:05-5:35 tba	5:05-5:35 Mike	6:15-6:45 Frank	5:40-6:10 tba		11:20-11:50 Frank	2:10-2:40 Tammy
<b>Non-Comp Swim Pract.</b> 1 Hour	4:00-5:00 tba (A&B group)	5:40-6:40 Mike (A&B group)	5:05-6:05 Frank (A&B group)	6:15-7:15 tba (A&B group)	5:05-6:05 tba (A&B group)	9:05-10:05 Frank (A&B group)	
<b>Adult 1</b> (13 and Up)	6:50-7:20 O'Shah	7:25-7:55 Julia 8:00-8:30 Tammy	9:05-9:35am Julia 6:50-7:20 Julia	7:25-7:55 Tammy	7:25-7:55 O'Shah		
<b>Adult 2</b> (13 and Up)	7:25-7:55 O'Shah	8:00-8:30 Julia	8:30-9:00am Julia 7:25-7:55 Julia 8:35-9:05 Julia	6:50-7:20 Julia 8:35-9:05 Julia	8:00-8:30 O'Shah		
<b>Adult 3</b> (13 and Up)		7:25-7:55 O'Shah	8:00-8:30 O'Shah	8:00-8:30 Tammy			
<b>Adult Endurance Training</b>	7:30-8:30pm tba			6:00-7:00am tba		8:00-9:00am Frank	

- BATHING SUITS ARE REQUIRED!
- Be sure to check the pre-requisites before registering your child. If the instructor determines that a child is not ready for the class in which they are registered, the child may be asked to withdraw.
- Classes are held once a week for 6 weeks.
- Make-ups are not provided for students missing class for whatever reason.
- We do not permit children to come on alternate days to make-up for classes.
- Cancellations made 7+ days prior to start date will receive a full refund minus a \$10 non-refundable fee or you may choose to receive credit toward the next session with no cancellation fee assessed.
- Cancellations made with less than 1 week notice will not receive a refund *or* credit.
- Cancellation requests must be made in person to the swim coordinator or via voice mail. Call 301-262-4553/410-741-1355.
- Classes are held in our indoor facility and can be held during inclement weather.
- We do not follow the school system's closings. If in doubt, please call 301-262-4553/410-741-1355.