

**SPORT FIT**®

TOTAL FITNESS CLUBS

# Family Swim Hours

<b>Sat/Sun</b>	<b>1-6pm</b>
<b>Mon</b>	<b>10am-12noon</b> <b>12noon-4pm ** see below</b>
<b>Tue/Thu</b>	<b>2-4pm &amp; 7:30-9:00pm</b>
<b>Wed</b>	<b>12-1pm &amp; 8-9 PM</b>
<b>Fri</b>	<b>6:30-9pm</b>

**\*\*These Family Swim times are limited to designated areas of the Lap Pool**

**Children who are not fully potty-trained MUST wear a swim diaper AND tight fitting vinyl pant (available at the Front Desk)**

**Only coast Guard approved life vest are permitted. Direct adult participation is required when a child is wearing a life vest. Children under the age of 13 must be directly supervised by a responsible adult 18 years of age or older.**

